

An Eclectic Celebration of Thought, Inspiration  
Stories & Words

# LOOE LITERARY FESTIVAL 2017

13th - 19th November  
Looe  
CORNWALL



Dear  
Witches,  
Wizards  
& Muggles



We are delighted to invite you back to the Looe  
HQ of Hogwarts School of Wizardry.

Saturday 18th November

- 11.00 Professor Sheen of the Roseland Observatory  
Outer Space, stars, planets and the secret art of growing crystals  
12.30 Professor Loldham presents:  
New Wizards of The Looe Community Academy

Sunday 19th November

- 11.00 Professor Adam Hart-Davis  
A Practical Lesson in Defence Against The Dark Arts  
12.30 Professor Ellie Turtle  
Transformation spell workshop - with sticky wands, sticky fingers &  
lots of sticky paper

Please bring your wands & quills. Hats, robes and broomsticks are optional

See you again soon

The Looe HQ of Hogwarts

# Hello Book Lovers!

We are delighted to welcome you to the fourth year of the Looe Literary Festival... if we were a toddler we'd be almost as smart as a parrot by now! Speaking of smart, we have assembled some wonderful speakers and guests for you this year. Lord David Owen will share with us his experiences at the helm of government and his thoughts about the opportunities ahead after Brexit, while Adam Hart-Davis joins us to tell us the story of Heath Robinson and the eccentricity of British inventors. Danielle Marchant brings us her Micro-Pause workshop, helping us find a way to build a better self in the chaos of modern life, and the usual assemblage of storytellers and wordsmiths will be on hand with tales and tribulations steeped in the Cornish way of life.

Children have a fun-packed weekend ahead in Hogwarts HQ, with magic spells, shooting stars, and all things inspirational in the Guildhall, and this year we have a particular focus on the world of self-publishing, with professional advice and workshops from the good folk at Ingram Spark for those of you with a book inside you that you're desperate to make a reality.

Fiction, adventure, science, history, politics, poetry and magic. Thank you for supporting us again this year, we hope you have a wonderful time!

Thankyou to our Sponsors



Great Western Railway



WEST LOOE TOWN TRUST



EAST LOOE TOWN TRUST

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A very special Thankyou to all our local businesses who have supported the festival this year.

Supported by

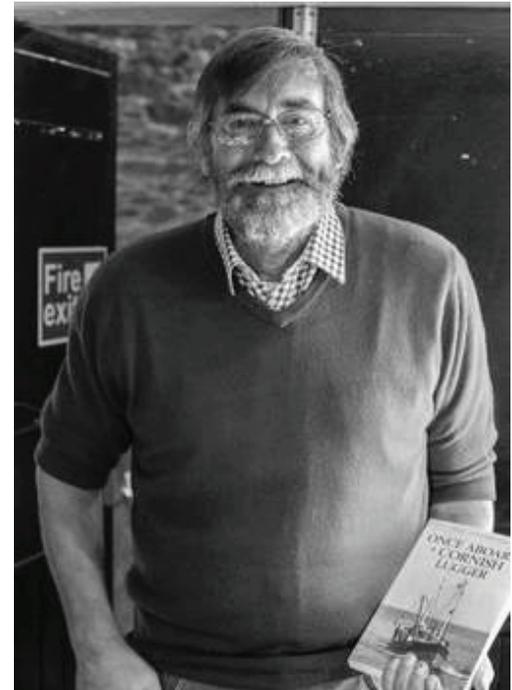
**ARTS COUNCIL  
ENGLAND**



**Waterstone's**

# Local Heritage Talks

## Paul Greenwood

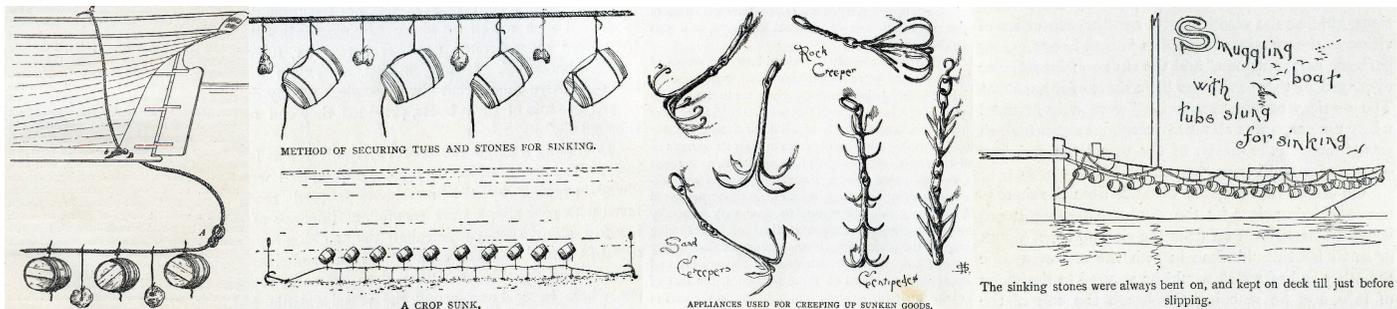


Keeping with tradition, Paul Greenwood opens the Festival with the first of our local heritage talks.

Cornish Fisherman / Lugger-sailor, Paul is the author of 'Once Aboard A Cornish Lugger' and 'More Tales from a Cornish Lugger' and draws on his own experiences in the 1970's and 1980's to graphically bring to life the hardships and dangers faced by Cornish Fisherman. Tales of gales, whales, wrecks and rigors of life aboard the fishing boats that worked off the south coast of Cornwall.

Paul is a local Looe legend and fantastic speaker. His fishy tales always make for a merry evening.

**Monday 13th November 19.00 @ The Jolly Sailor Inn £3**



## Jeremy Rowett Johns

### A Shipwreck, a Schoolboy, a Smuggler, a Squire and a Surgeon...



Founder of Polperro Press, author and Cornish historian Jeremy Rowett Johns takes us on a fascinating tour through the history of one small Cornish fishing village, encountering some of the extraordinary events and characters who lived there along the way. Discover how an eighteenth century schoolboy's exercise book reveals as much about the smuggling trade in Cornwall as it does about the educational methods of the time... and much, much more.

Jeremy's extensive historical knowledge of the local area is second to none, and Q & A's warmly invited.

**Tuesday 14th November 19.00 @ The Jolly Sailor Inn £3**

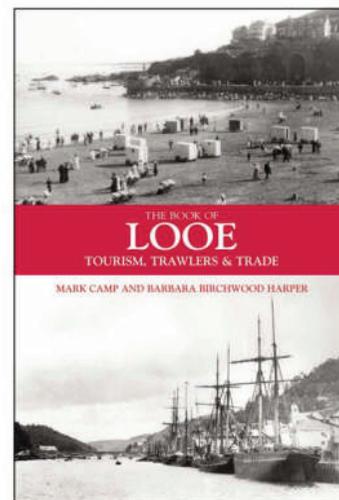
# Mark Camp

## ‘Bodmin Moor and Literature in Rugged Landscapes’

Local Historian and author Mark Camp has been exploring Looe and the surrounding area since childhood. His published titles are inspired by his passion for the Cornish landscape, heritage and history.

This year Mark’s talk will take us through a literature journey, exploring the beautiful and sometimes brutal landscapes that have influenced some of Cornwall’s greatest fiction and poetry masterpieces.

This is a talk accompanied by images from iconic Cornish landscapes, and readings from literature works they have inspired.



Wednesday 15th November 19.00 @ The Jolly Sailor Inn £3

# Derek Spooner

## Goes Wild About Looe

### By the Woods and the Water

In a talk illustrated with his own photographs, Derek Spooner, local naturalist and author of ‘Wild Looe,’ describes some of his recent encounters with wild birds and beasts in the beautiful landscapes of South-east Cornwall. Dippers and dormice, kingfishers and cormorants, ravens and roe deer, grey seals and great northern divers - these are just some of the creatures that feature in this presentation, most of them seen within a couple of miles of the Jolly Sailor.

Find out where to discover some of our beautiful wildlife for yourself .

A naturalist journey through Kilminorth Woods, rivers, seas, and the stunning National Trust coast line.



Thursday 16th November 19.00 @ The Jolly Sailor Inn £3

# Farming & Fisheries Panel

Chaired by: George Macpherson.

Panel: Dave Bond - Looe Harbour Commissioners, Geoffrey Maddever - Local Organic Farmer

James Moon - Farmer & former Chairman of Cornwall's Farmers Union

Chris Horseman - Agribusiness Intelligence



## The Farming and Fishing industries are facing an era of change and opportunity unseen since the Second World War.

On leaving the EU the UK government promises to 'take back control' of vast swathes of legislation - including vital farming and fisheries law - rich with the possibility for reform. The food and drink industry - which is worth £108 billion and employs 3.9million people - is the UK's largest manufacturing industry, and faces unprecedented upheaval after Brexit. Yet, with conflicting views everywhere we look, how can we get past the spin to the reality of the situation?

The panel will make every effort to represent and invite as many voices from the local farming and fishing communities as possible, giving us a broad and in-depth sense of the issues facing SE Cornwall.

Chris Horseman is internationally renowned as an expert analyst and communicator with a deep knowledge of EU, UK and global agriculture and trade policy issues. A seasoned analyst of European and global agricultural and trade policy, Chris is a regular speaker and moderator at agricultural conferences and seminars, TV and radio news programmes. His specialist areas include the Common Agricultural Policy (CAP), agricultural trade policy and the World Trade Organisation (WTO).

**"This is not a political debate, but discussion on how we move forwards" says Geoffrey Maddever.**

Join our panel, each with their own views and opinions for a frank, exciting and enlightening exchange about this greatest challenge to our rural industries in living memory. Everyone welcome to attend. Q & A's invited.

Friday 17th November 19.00 @ The Guildhall Free Event



THE OLDEST  
PUB  
IN LOOE  
PRINCES SQUARE  
WEST LOOE  
TEL: 01503 263387



**Ye Olde Salutation Inn**  
Fore Street  
East Looe  
tel: 01503 262784

# **Festival 'Pop-Up' Art Gallery**

**A beautiful collection of works by local  
Cornish Artists**  
**13th - 19th Nov @ Archie's, Fore Street**



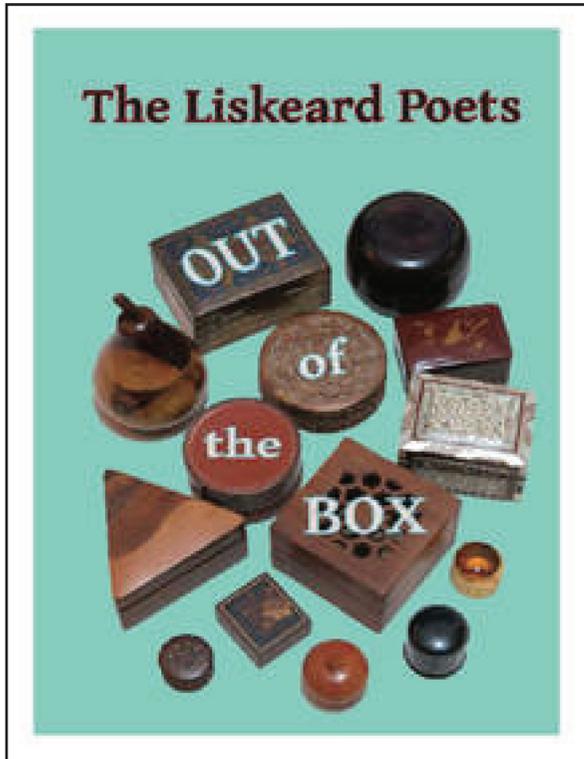
**Archie's will also be the location of our 'self-published authors' book shop**

**Storm Detail - Glass - by Sandy Horton**

**Gallery curated by Pamela Dearing**

# Liskeard Poets

## Presents 'Colours - Out of the Box'



From intimate confessions to the really big questions, from the humorous to the serious, all composed in varying styles and forms.

This year's performance will include works from their new anthology in addition to poems on the theme of Colours.

Expect only the unexpected.

A amazing range of voices and viewpoints in poetry from these Looe Lit Fest regulars.

The Liskeard Poets are drawn from all over SE Cornwall and beyond, gravitating to the meetings in Liskeard where poems are brought for the some of best constructive criticism available.

Saturday 18th November 11.00 @ The Black Swan Free Event

## Birte Hosken Fiction

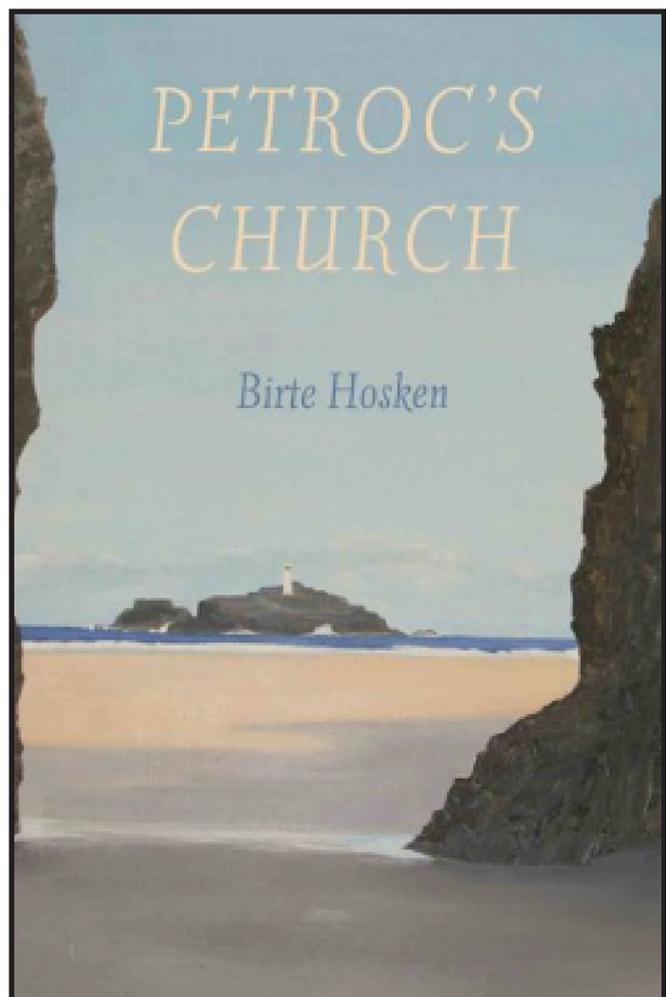
What do you do when a whole summer stretches out before you and you're in a beautiful place?

Fall in love with a musician of course!

Petroc's Church is Birte Hosken's first novel. The story is set in St Ives Bay (Gwithian/Hayle and the Three Miles of Golden Sands) and it is as much about the characters as it is about the beauty and mystique of that particular part of the Cornish coast that inspired Birte to put pen to paper. The festival devoured this book in one sitting. A mysterious, unpredictable, story that twists its tale and captures completely the restlessness youth, resolve and confusion of young love in a dreamy Cornish summertime.

This book has the potential of cult classic...

Come and hear the fascinating journey behind the story.



Saturday 18th November 14.00 @ The Black Swan Free Event

# Richard D. Handy

## The Reich Device - Fiction

**Richard Handy is a Professor of Environmental Toxicology & Fellow of the Royal Society of Biology.**

Richard has published many academic works, the most recent - 'Ecological and Environmental Physiology of Fishes' focuses on the importance of fish physiology in relation to evolution and variable environments.

Richard is also one of the world's leading experts on the dangers of new technologies. His work on nanotechnology has taken him around the world, including Washington, London, Berlin and Iraq, to give advice to some interesting people.

"I've always been interested in history, especially the first half of the 20th century encompassing the Great War, WWII, and the rise of the Soviet Union. This includes military events of course, but also how politics, espionage, and the power of new technology shaped human endeavour during this time." Richard has also spent many years diving shipwrecks from both wars, including U-boats, and he's interested in battlefield archaeology. The tragic stories, the triumphs of technology, and the people behind such events have always fascinated him.

### The Reich Device

**A historical pre-war spy thriller about the rise of weapons technology in the Third Reich.**

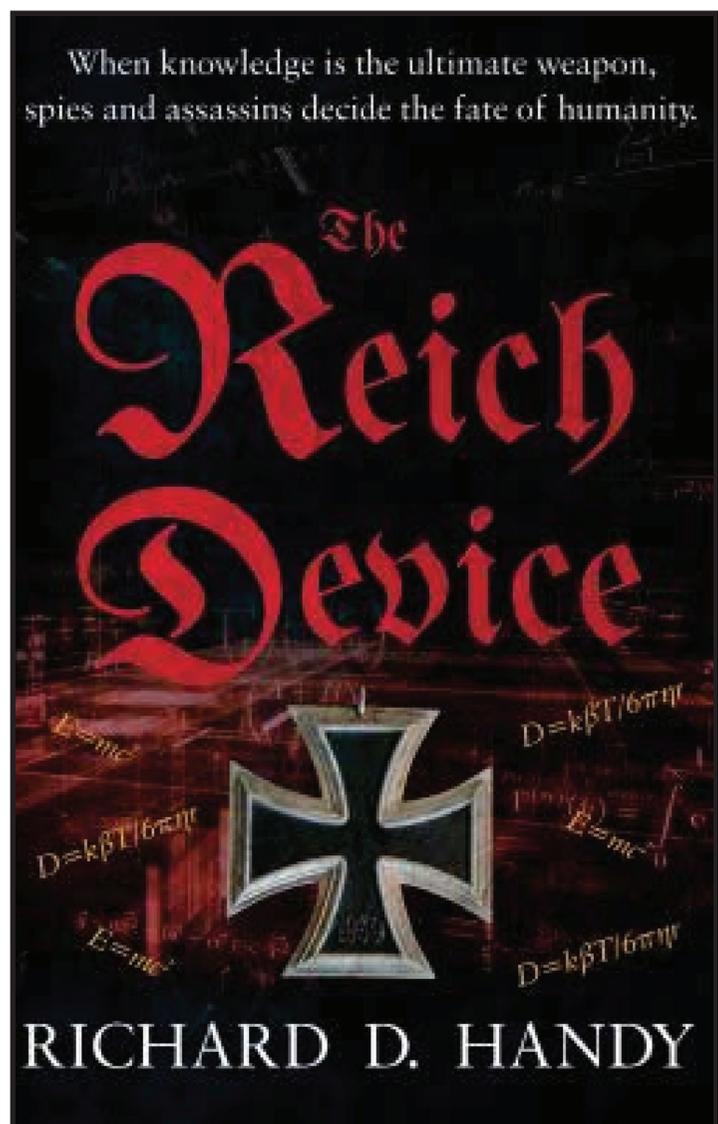
Richard takes us on a journey through history to reveal the facts about secret weapons in the early 1930s and the rise of the Nazi state making use of genuine material, including first-hand documents from Albert Einstein in the 1920s and original letters that he wrote to President Roosevelt.

The plot is based on the premise that the Nazis were very close to developing weapons based on nanotechnology.

"If they had, our world would be very different now", observes Richard. "I work on the frontiers of nanotechnology, therefore I write with authority on both technology and espionage"

**Fact and Fiction, Professor Richard Handy's talk will be like no other.**

**Saturday 18th November 11.00 @ The Millpool Centre £5**



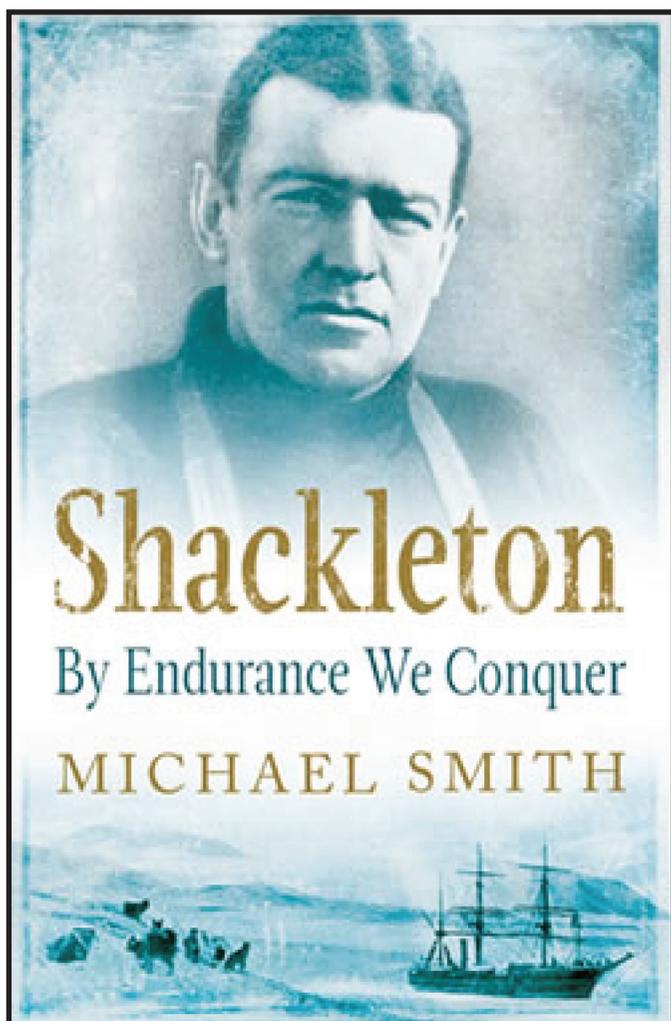
'Professor Gustav Mayer trembled as equations flowed from his pen. His heart missed a beat. If physics was music, then this was Mozart – thousands of atoms coming together to play the Requiem – but only if you knew the rules. Newton gave us rules for dealing with gravity. Einstein created rules for dealing with light. This was something different – a new set of rules that would change the world, and the course of humanity for ever.'

Excerpt from The Reich Device

# Michael Smith

## By Endurance We Conquer

# Polar Historian

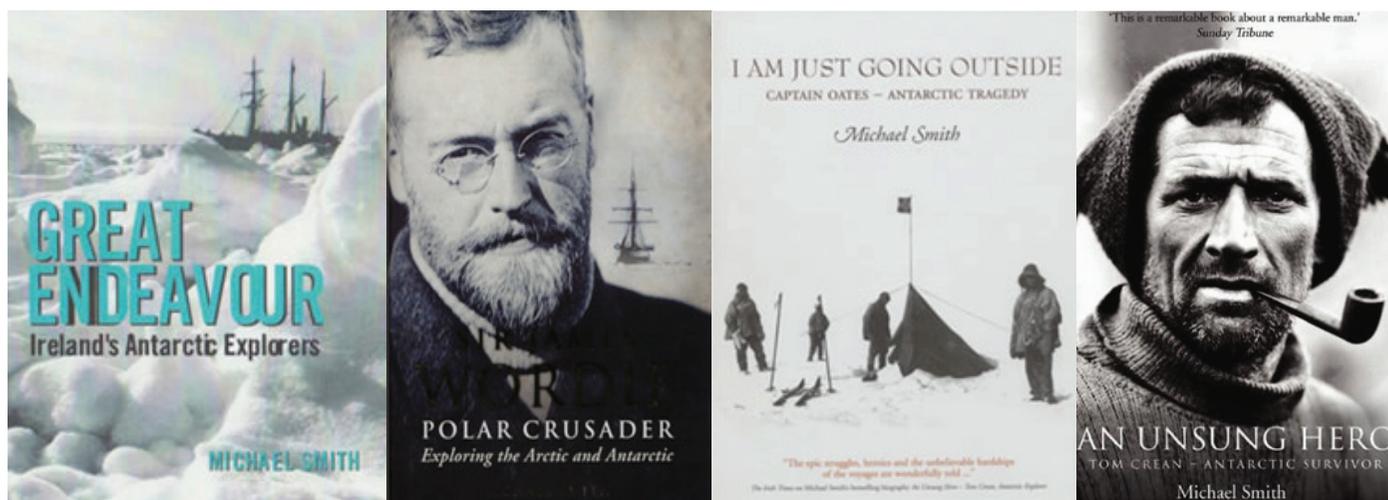


Ernest Shackleton is one of history's great explorers, a tenacious and charismatic personality who became a dominant figure in Antarctic discovery. His incredible adventures on four expeditions to the Antarctic have captivated generations. From an Irish background, he was a restless adventurer with acclaimed leadership skills. But he was also a flawed character whose chaotic private life, marked by romantic affairs, unfulfilled ambitions and failed business ventures, contrasted with his celebrity status as the leading explorer. Persistent money problems left his men unpaid and his family with debts. This first comprehensive biography in a generation draws on extensive research of original diaries, letters and many other publications. It brings a fresh perspective to the heroic age of Polar exploration which was dominated by Shackleton's complex, compelling and enduringly fascinating story.

**Michael Smith is a bestselling author and authority on polar history.**

He has written seven books, contributes to many publications, TV and radio documentaries, and lectures extensively. He began writing books after a career as a journalist in newspapers such as the Guardian, the Observer and the Evening Standard.

These are unforgettable stories of triumph over the unparalleled hardship and deprivation, and an exceptional talk for anyone interested in history, exploration and discovery.



Saturday 18th November 13.00 @ The Millpool Centre £5

# Arianna Cadwallader

## Saturday Sewing Session Workshop

**Milliner, maker, and founder of Saturday Sewing Session, Arianna has a background in fashion publication and film.**

Having worked in high-end glossy magazines and the costume department of some much loved feature films including “Bridget Jones Diary” and “Harry Potter”, Arianna has also spent time as a fashion designer for “Cloth” magazine and starred as a featured sewing expert on Channel 4’s series “This Old Thing”

Arianna has just released her first book “Sewing Your Perfect Capsule Wardrobe”, presenting sewing patterns and instructions for the five key pieces that will form the basis of your own capsule wardrobe.

### **A capsule wardrobe is timeless, stylish and effortlessly chic.**

This practical but inspiring book presents sewing patterns and instructions for the five key pieces that will form the basis of your own capsule wardrobe.

Focused on quality and fit – all the patterns can be adapted to fit and suit you perfectly, whether you prefer long, short or cap sleeves, high or low waistbands, and slim, straight or wide legged trousers. Aimed at advanced beginners, the book guides you through how to measure yourself and all the techniques you will need.

Composed of go-to pieces that can be dressed up or down, it is the perfect antidote to the overstuffed drawers and ill-fitting cheap outfits that are the result of years of fast fashion on the high street.

A simple guide to creating something unique and beautiful of your very own.



**Arianna will be holding one of her most popular Saturday Sewing Sessions workshops,**

### **Make Do & Mend**

Alteration tips and tricks with a good ‘ole fashion needle and thread. This session is a handy start to revamping and mending pieces in your wardrobe. Learn a range of essential hand alteration skills and up-cycling techniques in this short, 2 hours of sewing power, session.

Arianna will get you on the road to a self-sustaining wardrobe and ignite your creative flair while you learn.

All equipment and materials are provided and no experience is necessary. This is a hand sewing session, so join us for a brew or a glass of bubbly, no knowledge required and it goes to show that you don’t always need a sewing machine to mend garments back to loveliness!

**Saturday 18th November 14.00 @ The Guildhall £5**

*Looe Literary Festival* 11

# George Macpherson

## Engineering



George will be hosting another Literary Festival tradition ...

**Talk With A Pint at the Old Salutation Inn.**

George is a broadcaster and writer of both fiction and academic publications.

His subject this year will be: First Steps in Village Mechanisation, an agricultural operations and engineering talk describing intermediate technology for village development through self-reliance and creation of independent energy sources.

An excellent topic to accompany a few pints of Cornish Ale, George is a joyous character and highly respected for his work in this field.

Another afternoon in the pub well spent.

**Saturday 18th November 15.00 @ The Old Salutation Inn Free Event**

# Sue Kittow

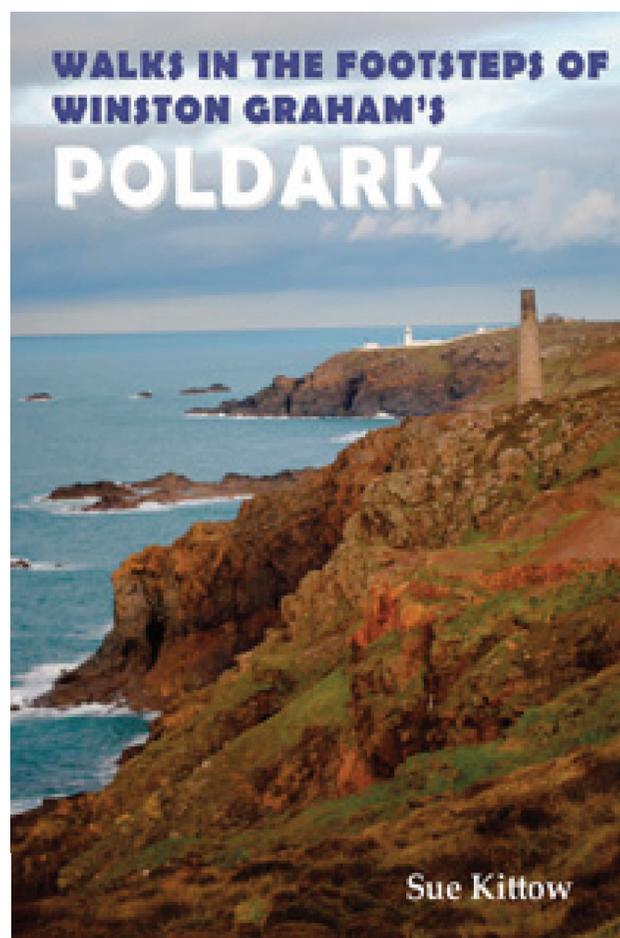
## Cornish Walking Guides

Journalist, sailing correspondent and author of a beautiful collection of Cornish walking guide books.

Sue's latest release is a treasure to anyone who loves a cinematic Cornish ramble:

'Walking in the Footsteps of Winston Graham's Poldark' Sue says 'Winston Graham was so good at evoking the real landscape of Cornwall, the Cornish people and the unpredictability of the Cornish weather. Feature page-turning plots and empathetic characters, and you have a winner, which the Poldark books have proved to be.'

A talk for all those wishing to explore and discover Cornwall's stunning, timeless, landscapes: the backdrop of romance and inspiration for some of Cornwall's most iconic works of fiction.



**Saturday 18th November 16.00 @ The Black Swan Free Event**

# Danielle Marchant

## Reconnect..... Grow..... Live.....

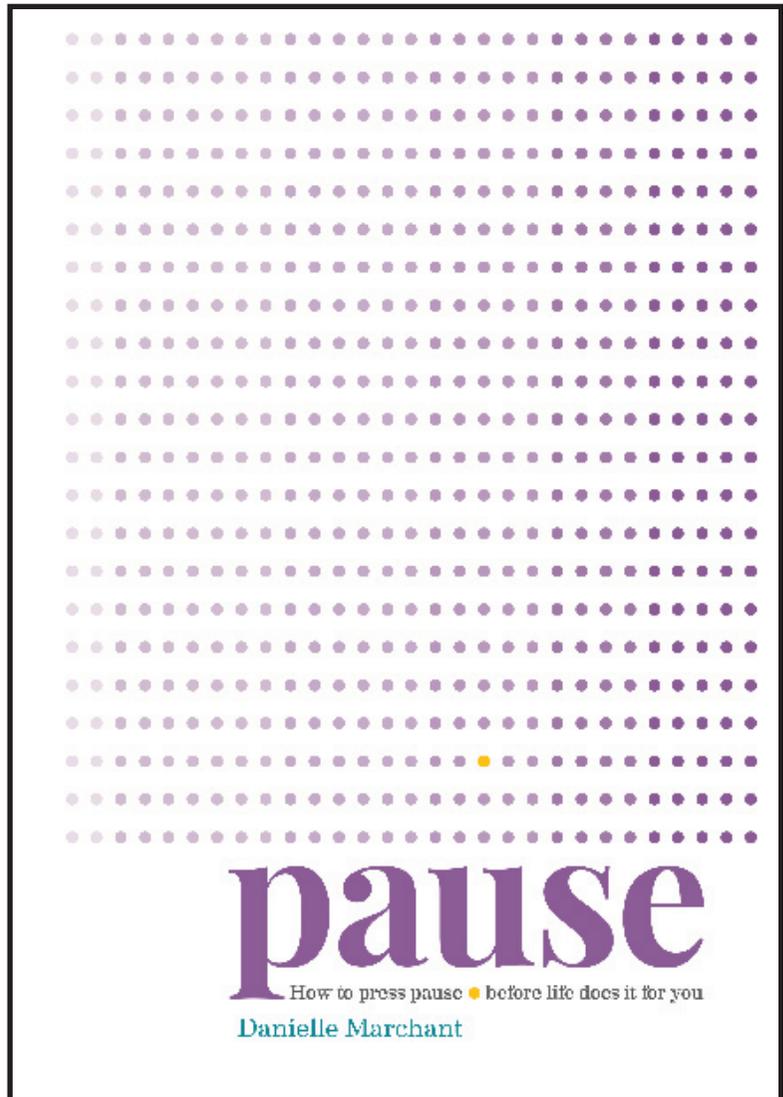
Life Coach

Danielle Marchant is a Life Coach, and will be giving a Micro Pause Workshop - a blend of talking & a facilitated life coaching session, to ground you & give access to your intuition.

Danielle has always lived life to the fullest. At every turn she pushed herself to the point of breaking..... until, one day, she broke.

Her 2011 burn-out led her to completely reassess her life and relationship with the world and, after a painful internal and physical journey, she came to a moment of clarity and realisation which she has shared with thousands through her life-coaching and books.

'Somewhere along the line, society has told us worry is bad. Our emotions are bad. That we should be able to pick ourselves up and just 'get on with life'. But we're not built that way. Nor should we try and live that way. Pretending or ignoring what we feel, is like trying to put a lid on our intuition. But neither works. Deep down we know what our intuition is telling us (and it's not going to go away either). Deep down we also know our emotions need to be felt and expressed.'



Pause, allows you to finally put yourself, your feelings and your intuition first.

Learning to say no, doing the things that make you feel good, and not doing the things that don't make you feel good - these are not self indulgent.

Listening to your own heart and wisdom doesn't make you selfish, slowing down to appreciate your life isn't lazy or unambitious. It is an ancient message, but still just as strong; when you pause to take care of yourself and your own life, you become the person you're meant to be.

Use nature, creativity and your inner spirit to allow the energy to flow freely once again. Pause & Transform Your World.

**A talk to help us along life's journey.  
Highly recommended.**

**Saturday 18th November 15.00 @ The Millpool Centre £5**

*Looe Literary Festival* 13

# Festival Work Shops

## Rolling out the Roles



A Writing Workshop that explores the interactivity between Plot and Character

Come away with your own version of a traditional fairy story

## Douglas Bence

Writers need to be masters of both plot and characterisation. The two are so closely connected that one cannot exist without the other. They interact. Simply put, the plot is what happens, while the characters are the people involved with what happens.

This workshop aims to put the writer in charge, allow them to plot with confidence and gradually reveal the qualities of their characters, what they do, how they behave and what they believe in. When a writer skillfully manages both, readers will get to know their characters and they will realise that it is these individuals who will move the plot on. While the plot affects the characters, the characters can also change the plot.

Those attending this interactive workshop will come away with their own version of a traditional tale.

**Saturday 18th November 10.30 @ TOC H Hall, Millpool Boatyard £10**

## Brian Banks

Brian will be holding a workshop on how to see yourself as a writer, and how the world might see you. Writing is an adventure, and this workshop teaches us to explore everything, and that nothing gets in between a writer and a good story.

Writing exposes your deepest and darkest soul... an impossible task, making you vulnerable to many yet answerable to one: your inner Bob dog, and every sentence we write brings us further into the minds of other people. Let's explore stories and explore how our intimacy can become real forever in our written words.

Writing intimacy... Understanding love. Demonstrating desire. Laughing about intensity... it's all here during the workshop. Do you have a story within you? Something beautiful, something passionate, and something great? Let's talk and work together, and make it come to life together. A passionate and inspirational tutor waits to help you make your passionate and full-felt stories come to life.

**Saturday 18th November 14.00 @ TOC H Hall, Millpool Boatyard £10**



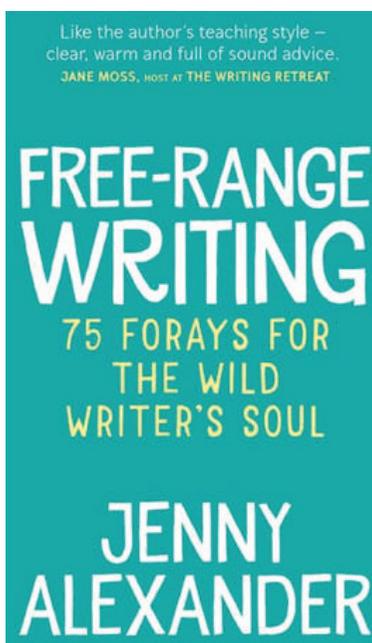
## Jenny Alexander

'Free-Range Writing' is Jenny Alexander's third book for writers. Her first 'Writing in The House of Dreams' was about unlocking the power of the unconscious mind. Her second 'Happy Writing' looked at the psychology, craft and business side of writing. This new book is all about practice, offering a wide variety of exercises from the author's workshops designed to help writers boost their creative energy and range.

Jenny Alexander has scores of books to her name, and she runs a vibrant programme of writing workshops both in East Cornwall and across the UK. She has worked for organisations including the Arvon Foundation, the Society of Authors, the Scattered Authors Society, Lapidus (writing for wellbeing), Bridging Arts and the Writing Retreat.

Jenny's workshop is perfect for beginners or advanced writers looking to find new ways to explore their creativity.

**Sunday 19th November 14.00 @ TOC H Hall, Millpool Boatyard £10**



# Self Publishing Panel

## It's time to unleash your creative genius into the world.....

Much of the Looe Literary Festival's success is due to the increasing number of superb contributions from local writers and poets, many of whom are self-published.

Are you an artist or writer? Are you thinking of publication? What's your next step?

The festival's Self-Publishing Panel is here to answer all your questions and make your publication dreams come true. Help and advice from experts on final editing / when to stop editing and take the plunge to publish!

Advice from Ingram Spark, world leaders in delivering tailored self-publishing platforms, covering design, print, distribution, marketing and making your money.

Advice from 'best selling' self-published Authors and the secrets of their success.

Expert advice, Q & A's, support, encouragement, contacts...The festival's Self-Publishing Panel encompass the complete package.

Get your-self ready

Set your goals high

And get your book out there



Highly recommended where-ever you are in the creative process.

**Saturday 18th November 17.00 @ The Millpool Centre Free Event**

## An Evening of Short Stories

### Hosted by Douglas Bence

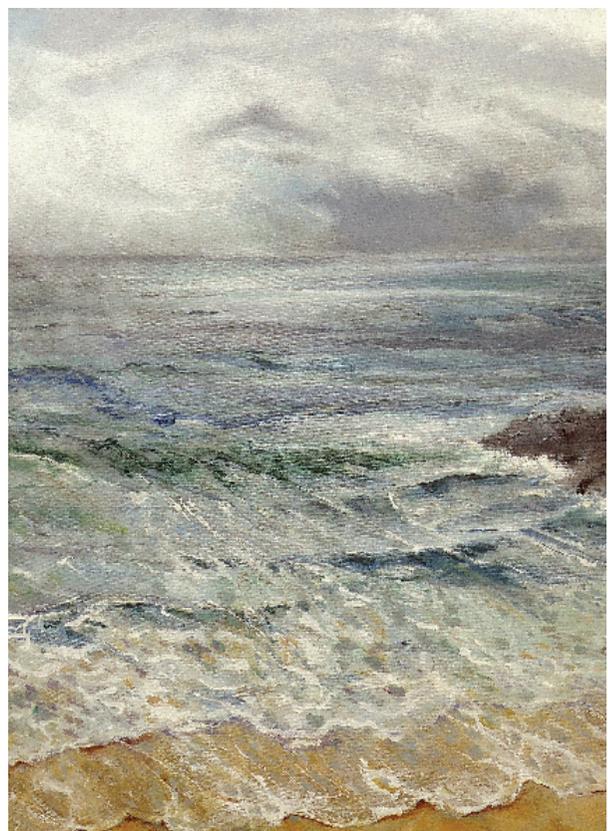
Telltales Falmouth and the Looe Writing Group invite you to immerse yourself in Stories of the Sea.

Literary festivals are about many things, not least of them encouraging new writers and providing opportunities to showcase their work. At last year's festival a local group brought together by a WEA creative writing class surprised everybody with their moving, sensitive and hilarious short stories and, the following day, amazing poetry inspired by the ballads of Charles Causley.

This year they're doing it again, but to make it bigger and even better they are joined by writers from Falmouth's well regarded Telltales. There will also be songs from the Telltales a cappella singing group.

'Don't miss this free event that will tingle your imagination and make you laugh or cry, possibly both,' says the host, writer and teacher Douglas Bence.

Bar available, Everyone Welcome.



Painting by Pamela Dearing - The Brooding Sea

**Saturday 18th November 19.00 @ The Millpool Centre Free Event**

# Children's Events

Our beautiful Guildhall will be magically transformed into the Looe HQ of Hogwarts School of witchcraft and Wizardry

## Space, Stars and BIG BANGS

With Professor Sheen of the Roseland Observatory

Young wizards are invited to discover outer Space, explore the planets and stars while practicing the art of Crystallography Potions -the secret magic of growing crystals!!!

Professor Sheen will also be bringing very rare treasures collected on his space travels, including meteorites from the super nova explosion that formed the solar system - four thousand million years ago. In numbers that's 4,000,000,000 Don't try to imagine that number for too long...

**IT MIGHT MAKE YOUR HEAD EXPLODE!**

Saturday 18th November 11.00 @ Looe Hogwarts H.Q.

## Magical Poems and Stories

Professor Loldham presents

New Wizards of The Looe Community Academy.



Magical story writers and poets of the future invite you on a journey of imagination and wonder. Fantasy poems and short stories that will make your toes tingle, give you the giggles, and jump with surprise as if you had toads in your shoes.

Saturday 18th November 12.30 @  
Looe Hogwarts H.Q.

# A Practical Lesson in Defence Against The Dark Arts

With Professor Adam Hart-Davis

Professor Adam Hart-Davis will be flying in by magic bicycle to give a master class on the art of Evil Smoke Ring Production - a closely guarded secret known only to him. When Wizards have successfully mastered their spells the Professor will go on to explain, through practical demonstration - how to achieve optimal broomstick performance in Quidditch.

Sunday 19th November 11.00 @ Looe Hogwarts H.Q.



# Under Water Duffy Sea Turtle

With Professor Ellie Turtle

Did you know that the biggest sea turtles can grow bigger than your teacher? They eat lots and lots of jellyfish, and have special spiky bits to slurp them up like spaghetti. Some might even be 100 years old, and if you're lucky, one might pop its head up to say: "HELLO.. just busy slurping here, I always have my summer holiday in Looe. SPLENDID YUMMY JELLY!"

Professor Ellie Turtle will tell you all about her Sea Friends, show you how to imagine, and get stuck into a Transformation Spells

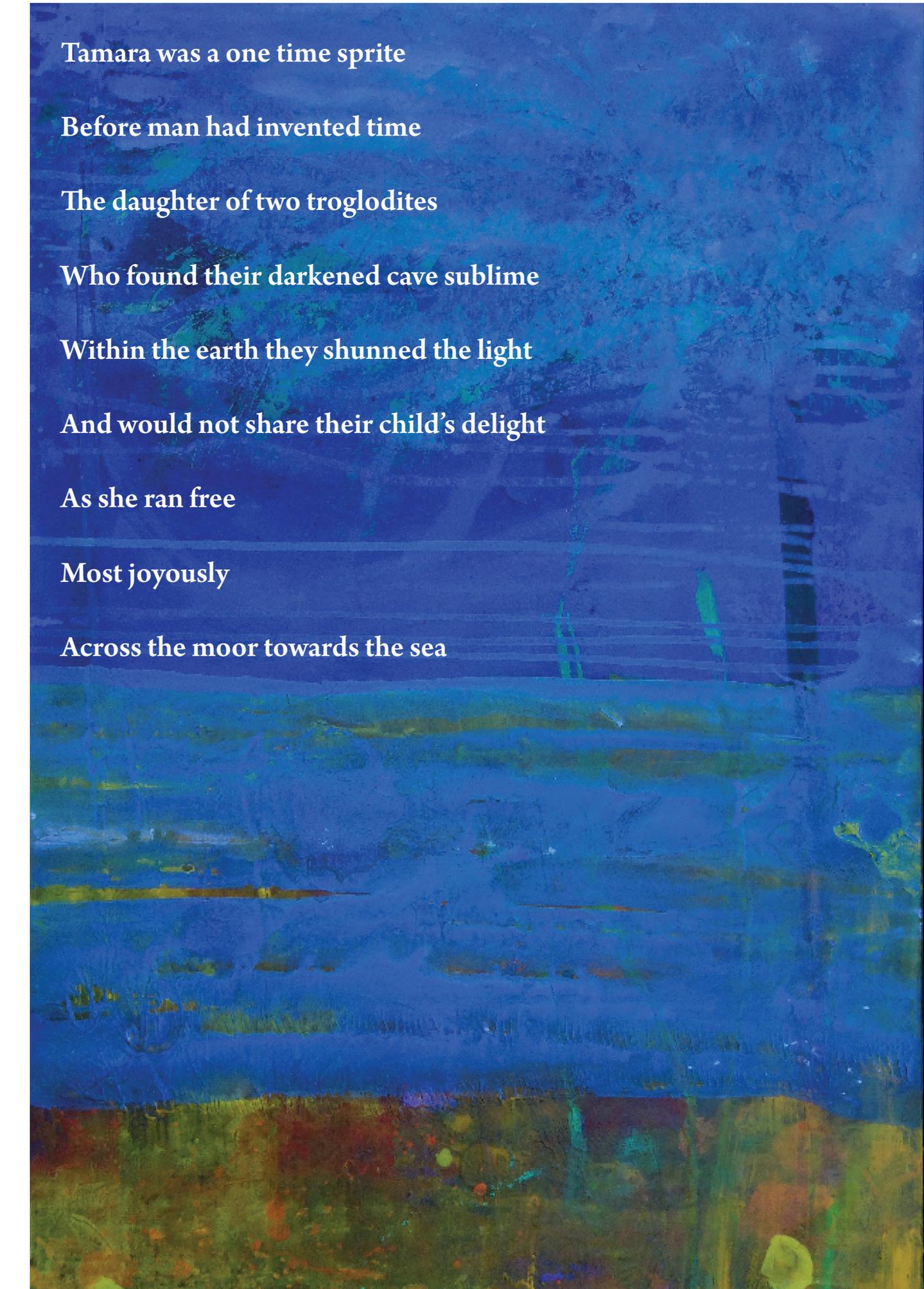
I am a sea turtle

I slurp jelly like spaghetti....

Then you'll need to make a magic picture and say the magic poem words!

★ ★ Sunday 19th November 12.30 @ Looe Hogwarts H.Q. ★

**Looe Hogwarts H.Q. The Guildhall, Fore St**  
**FREE EVENTS**



Tamara was a one time sprite  
Before man had invented time  
The daughter of two troglodites  
Who found their darkened cave sublime  
Within the earth they shunned the light  
And would not share their child's delight  
As she ran free  
Most joyously  
Across the moor towards the sea

**Excerpt of Poem by Tony Cottrell. Painting by James Howe - After The Storm**

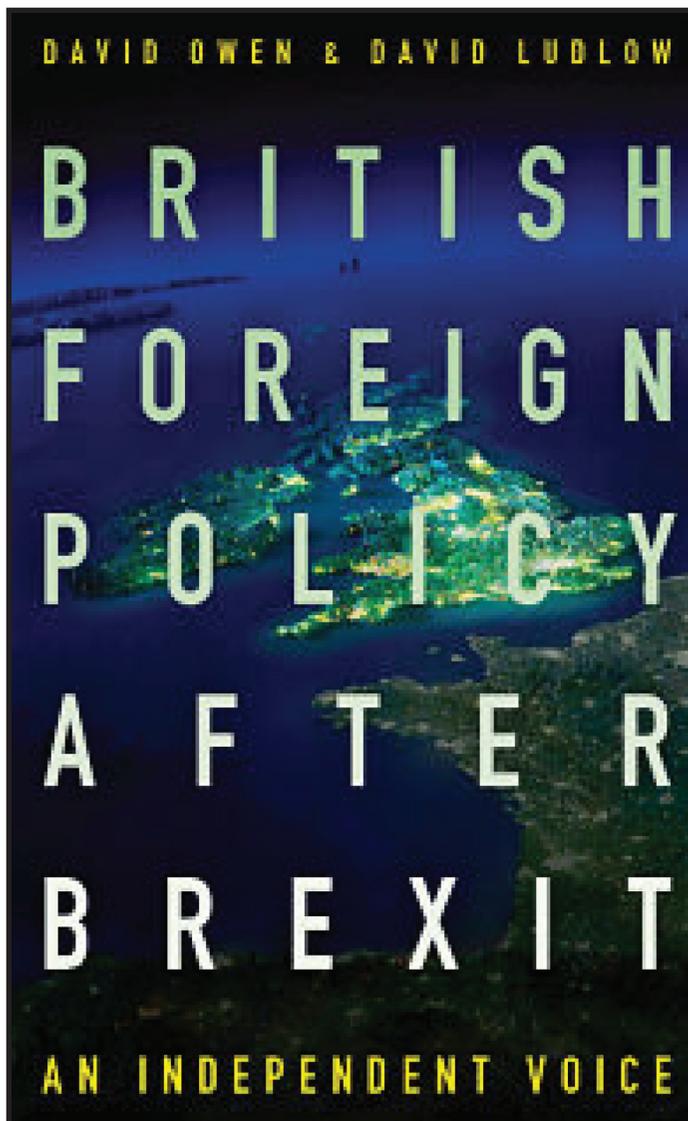
# Lord David Owen Brexit

An Independent Voice

Lord Owen will be speaking for us of his life journey, career in politics and the dominating political issue now faced by the EU and UK - Brexit .

Dr David Owen, as he was then, served as British Foreign Secretary from 1977 to 1979, one of the youngest people to hold the post. In 1981 he was one of the “Gang of Four” who left the Labour Party to found the Social Democratic Party(SDP).

One of the most erudite and intelligent politicians in his generation, Lord Owen now sits as an Independent Social Democrat in the House of Lords.



His latest book ‘British Foreign Policy After Brexit’ co-authored with David Ludlow is a book written by two people from different generations who voted on opposite sides in the 2016 referendum. One a politician, the other a former diplomat, they both have significant business experience in world markets. At a time of alarming global instability, amid terrorist attacks in Europe and mounting tensions between the USA and North Korea, a clear and focused foreign and defence policy is ever more critical. Now that the UK’s departure from the EU is underway, what happens next?

Lord Owen argues from a position of experience and understanding, that Britain’s position in the world needs to be recalibrated to take account of this range of new realities. Perhaps the Brexit process can be turned into a pivotal moment in the history of Great Britain’s positive relationship with the rest of the world?

‘British Foreign Policy after Brexit’ examines what lies ahead

Encompassing a diplomatic, security, development and trade agenda based on hard-headed realism. David Owen argue’s that Britain’s global role and influence can be enhanced, rather than diminished, post-Brexit.

A remarkable political voice and life story. We are delighted Lord Owen will be speaking at this years festival.

Sunday 19th November 11.00 @ The Millpool Centre £10

Looe Literary Festival 19



# Tony Cottrell

Tony spent much of his childhood in Looe. He went on to study at Oxford and has spent most of his life working in, or around, the theatre. His penchant for verse appeared when, stuck for a scene to write in dialogue, he would write a song instead.

Hundreds of songs later, lyrics gave way to verse, with the poems being mini-dramas in themselves and now he is writing short stories and a soon-to-be published novel, 'One and All'. His blissful childhood memories of staying at the Portbyhan have enticed him away from the lovely village, Polruan, to read for us in his 'proper stomping ground'

Brilliantly funny, clever and insightful verse, combined with Tony's excellent delivery will make it a session to be savoured. Tony will also read a number of his new short stories from the collection 'Footsteps in the Sand.'

**He has compiled today's selection of both stories and poems especially for this year's Looe Festival & called it 'Gert Lush'**

**Sunday 19th November 11.00 @ The Black Swan Free Event**

# Jenny Alexander

**We are delighted to announce that Jenny Alexander will be launching her latest title at this years festival.**

Jenny has scores of books to her name and she runs a vibrant programme of writing workshops both in East Cornwall and across the UK.

Organisations she has worked for include the Arvon Foundation, the Society of Authors, the Scattered Authors Society, Lapidus (writing for wellbeing), Bridging Arts and the Writing Retreat.

Jenny Alexander's publications include every kind of writing – and so does her upcoming book for writers,

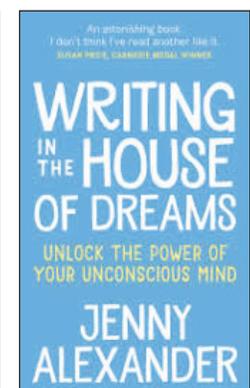
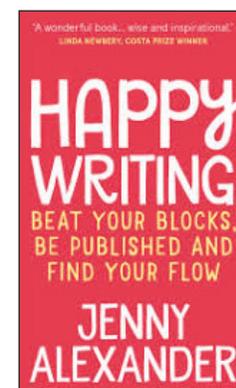
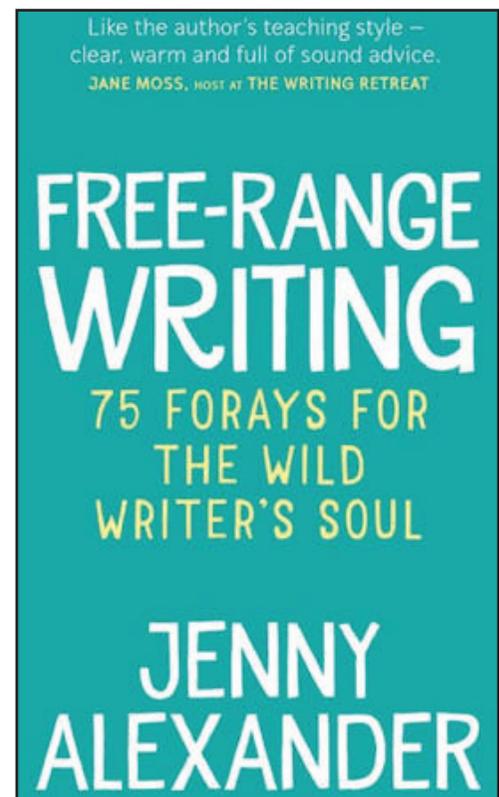
## 'Free-Range Writing: 75 Forays For The Wild Writer's Soul'

"I'm a free range writer. I love digging around in my inner world for treasures I can share. They may be stories emerging from the depths like dreams, or ideas that have lit my own life and could potentially light the way for others"

Free-Range Writing is Jenny Alexander's third book for writers. Her first, 'Writing in The House of Dreams' was about unlocking the power of the unconscious mind. Her second 'Happy Writing' looked at the psychology, craft and business side of writing. This new book is all about practice, offering a wide variety of exercises from the author's workshops designed to help writers boost their creative energy and range.

Jenny will be speaking about her new publication for us at 11.00. Followed by a work-shop 14.00 @ TOC H Building. Workshop £10

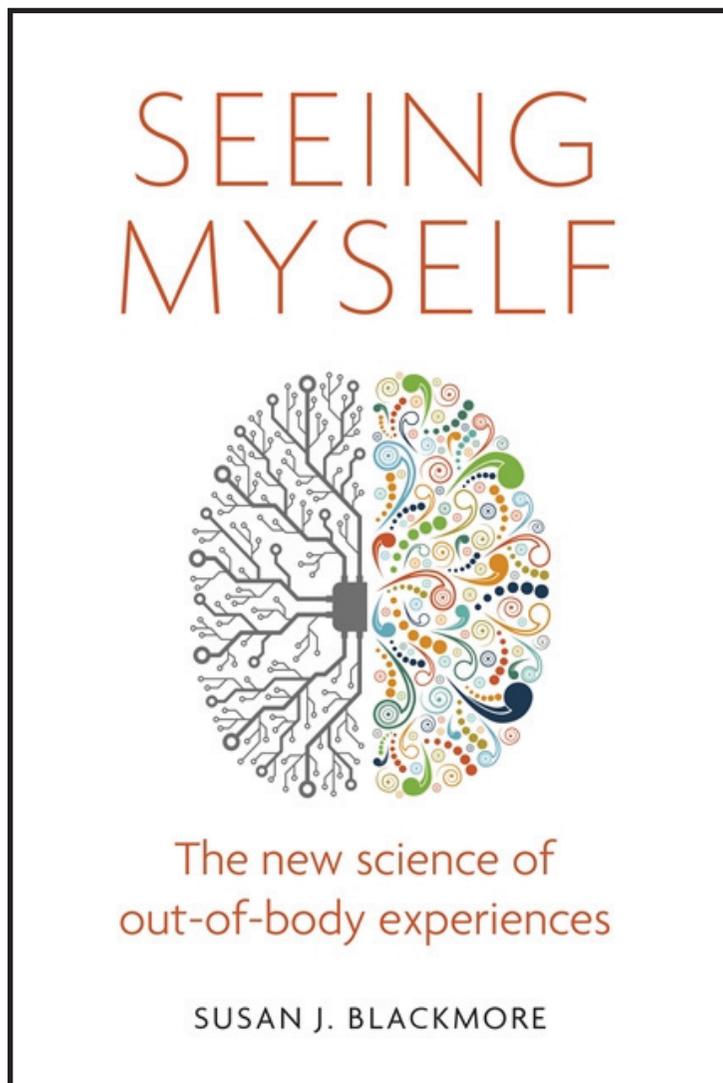
**Sunday 19th November 12.00 @ The Looe TOC. H. Building - Millpool Free Event**



# Dr Susan Blackmore

Psychologist

## The new science of out-of-body experiences

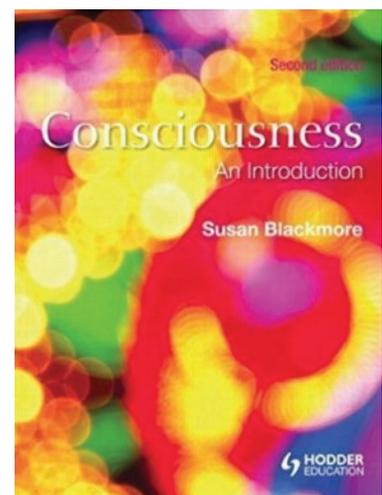
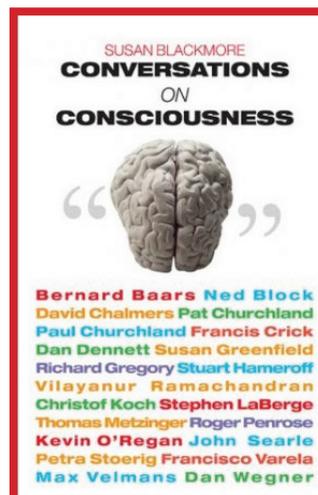
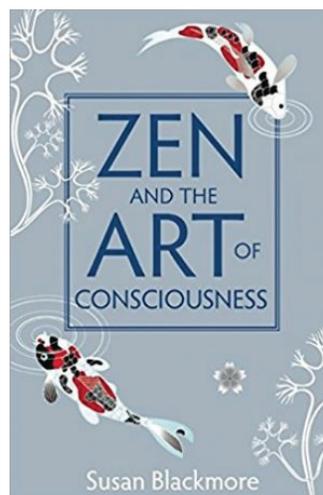
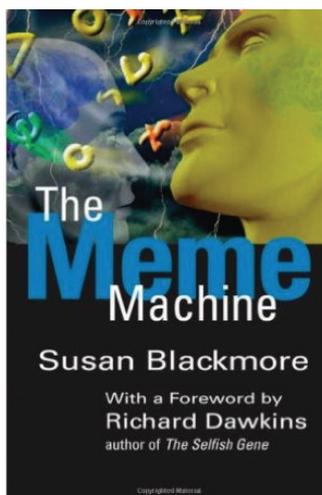


Dr Susan Blackmore is a psychologist, lecturer and writer researching consciousness, memes, and anomalous experiences. She is a TED lecturer, blogs for the Guardian, and often appears on radio and television.

As an impressionable young student, Susan Blackmore had an intense, dramatic and life-changing experience, seeming to leave her body and travel the world. With no rational explanation for her out-of-body experience (OBE) she turned to astral projection and the paranormal, but soon despaired of finding answers. Decades later, a Swiss neurosurgeon accidentally discovered the spot in the brain that can induce OBE's and everything changed; this crucial spot is part of the brain's self-system and when it is disturbed so is our experience of self. Blackmore leaped back into OBE research and at last began to unravel what had happened to her. 'Seeing Myself' describes her long quest for answers through spirituality, religion, meditation, philosophy and neuroscience.

**This is going to be a truly remarkable, captivating talk.**

Exploring the science behind out-of-body & tunnel experiences, astral projection, alien abductions & dreams, with one of the most renowned & respected psychologist's in the field of consciousness.



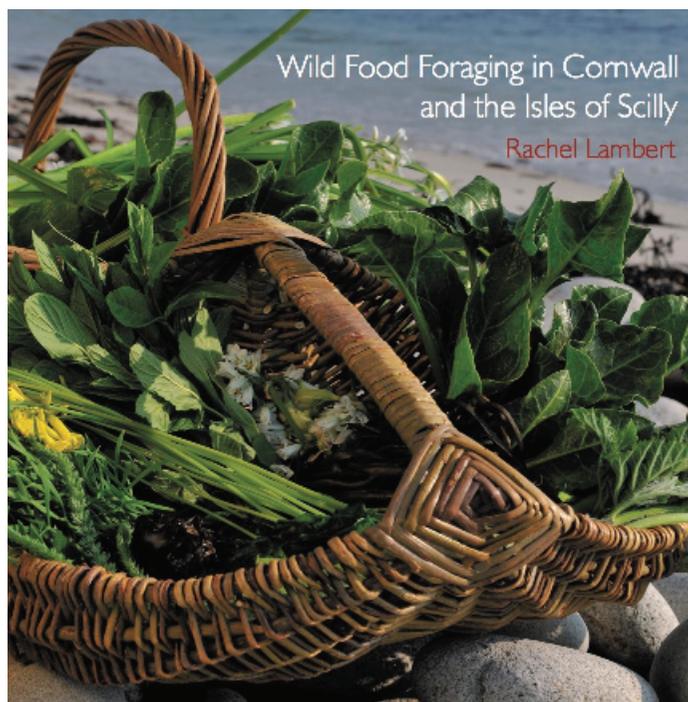
Sunday 19th November 13.00 @ The Millpool Centre £5

Looe Literary Festival 21

# Rachel Lambert

## Seaweed Foraging in Cornwall

## Wild Food



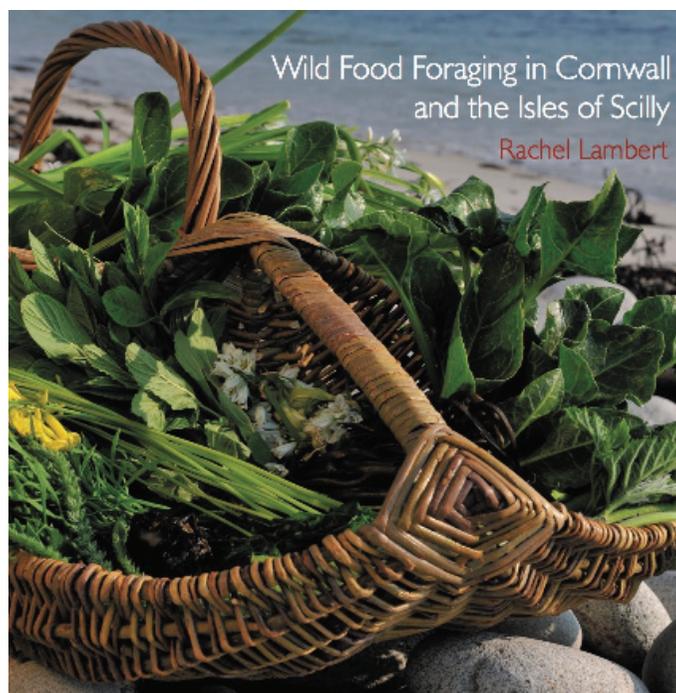
‘Seaweed Foraging in Cornwall and the Isles of Scilly’ is a national winner in the Gourmand World Cookbook Awards 2017.

Rachel Lambert spent over twenty years in environmental education and community nutrition. She learnt about foraging and local foods in Europe and Asia, and has been teaching wild food foraging in Cornwall and the Isles of Scilly since 2007.

For Rachel, foraging is many things, although in essence it’s a fun and enlivening way to enjoy and appreciate the environment, access fresh and seasonal food, provide an excuse for outdoor adventures, as well as offering quirky and labour of love investigations in the kitchen.

**“I came to foraging late in life, well, in my early twenties; I was introduced to a small plant growing in a wall with a thirst-quenching taste and I was hooked. I still love how it connects myself and others to the environment, nature and food. My approach is very hands on, with emphasis on practical and safe guidance for sustainable and satisfying foraging” says Rachel.**

Following the success of her book ‘Wild Food Foraging in Cornwall and the Isles of Scilly’ Rachel Lambert introduces us to the fascinating topic of edible seaweeds. This book focuses on sixteen, both known and less familiar varieties, and all found around the coasts of Cornwall and the Isles of Scilly. It is both a detailed guide to their identification and nutritional qualities, and an inspirational recipe book, offering 32 step-by-step recipes.



An engaging and visual talk with award winning author, Rachel Lambert on the topic of edible seaweeds here on our Cornish coast, with lots of tips on where to look, how to prepare and delicious recipes to transform your finds into gourmet treasures for the table.

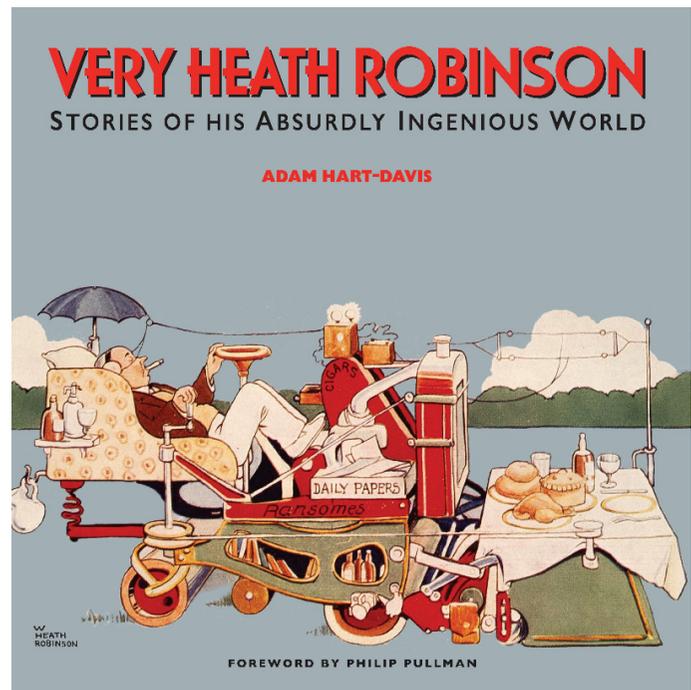
Sunday 19th November 14.00 @ The Black Swan £3

# Adam Hart-Davis Very Heath Robinson Stories of His Absurdly Ingenious World

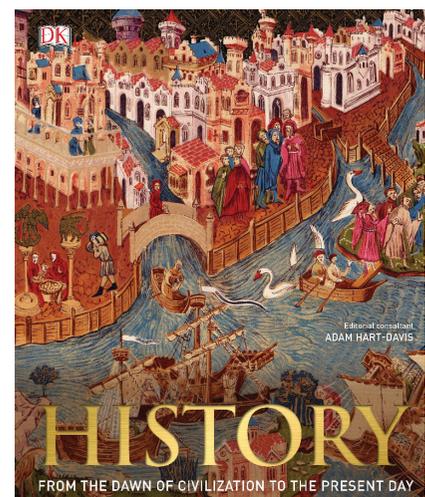
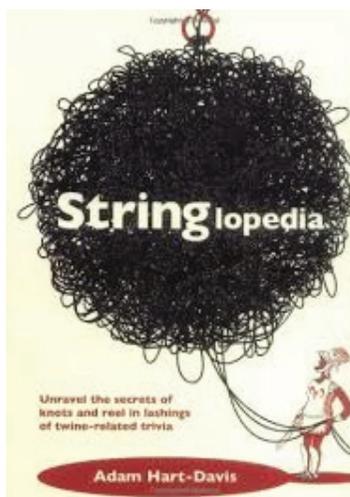
Adam Hart-Davis undoubtedly belongs in the category of National Treasure. Irrepressible, enthusiastic, knowledgeable, Adam romps across our television screens bringing countless generations into a lifelong love of Science and Technology.

Enlightening viewers on topics ranging from the development of nuclear fusion to boiling the perfect egg, Adam made his name presenting shows such as *What the Romans Did for Us* and *Local Heroes*. With a long list of books to his credit, from weighty titles like “*The Cosmos: A Beginner’s Guide*” and “*Engineers*” through to the light-hearted “*Stringlopedia*” and “*Taking the Piss: A Potted History*”, Adam has been entertaining and enlightening us for decades.

Who better then to explore the mechanical fantasies of Heath Robinson, and tell the stories of rapid technological and social change that lay behind the Edwardian artist’s idiosyncratic brand of satire? Heath Robinson’s humour turned on taking things to the extreme; Romans wearing polka dots to balding men seducing mermaids, yet he has become a byword for the unique British delight in invention and of overcoming obstacles which Adam embodies.



Robinson’s drawings provide an astute yet affectionate social observation of the times by inviting us into a reassuring world of gentle eccentricity, cheerful stoicism, and a gleeful debunking of officialdom. Hart-Davis, a long-standing admirer of Heath Robinson, tells the stories behind these whimsical creations and laughs along with the jokes.



Sunday 19th November 15.00 @ The Millpool Centre £10

Looe Literary Festival 23

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# Pendown Presents

## With Ann Foweraker

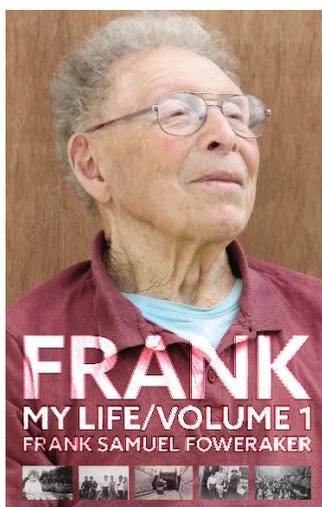
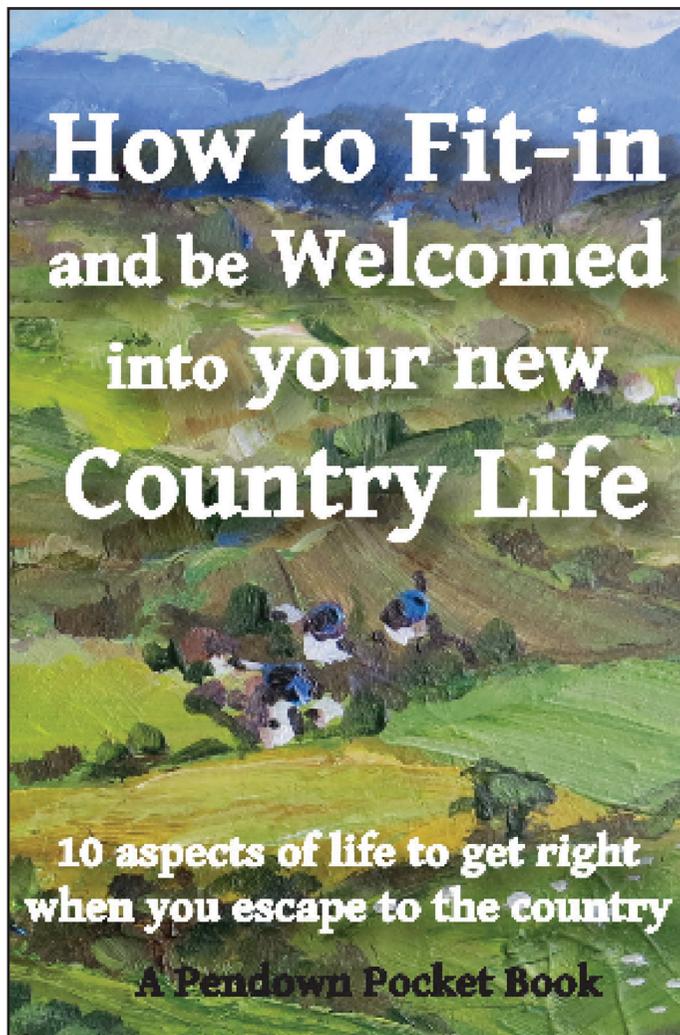
An introduction to a new little book range - Pendown Pocket books - with their first title

### **‘How to Fit-in and be Welcomed into your new Country Life’**

The dream of escaping to the countryside, fuelled by holidays, nostalgia and TV programmes, is alive and well. However, living harmoniously in your new country life is essential to your enjoyment of your escape to the country.

Life is different in the countryside, and this light-hearted, pertinent guide can help with this transition, giving pointers on how to integrate successfully into your new life.

Amusing to those in the know - informative to those who want to know- this light-hearted guide takes you through ten aspects of life in the countryside, pointing out potholes to avoid and ways to shine. Constructive criticism available.



Followed by

### **‘Frank - vol 1 - 1926 to 1944’ a biographical social history, from the East End of London to the edge of Dartmoor.**

An extraordinary yet commonplace life, written by a man with a detailed memory of the life and times as he was growing up, this memoir has many elements of a social history of working-class life in the East End of London during the depression, through to farm life on the edge of Dartmoor during the second World War.

**Sunday 19th November 15.00 @ The Black Swan Free Event**



**With Very Special Thanks to the Black Swan for hosting festival events again this year.**

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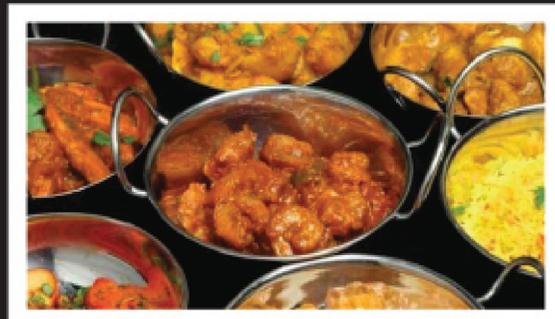
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# Festival Schedule

Doors open 30 min prior to each talk

Refreshments available at every venue

Q&A, book sales / signings after each talk

Waterstones, our Festival Book Shop will be downstairs in the  
Millpool Centre

Day	Time	Event	Place	Price
Mon 13th	19.00	Paul Greenwood	Jolly Sailor	£3
Tue 14th	19.00	Jeremy Rowett Johns	Jolly Sailor	£3
Wed 15th	19.00	Mark Camp	Jolly Sailor	£3
Thus 16th	19.00	Derek Spooner	Jolly Sailor	£3
Fri 17th	19.00	Farming & Fisheries Panel	The Guildhall	Free
Sat 18th	10.30 - 12.00	Workshop - Douglas Bence	Toc H Hall	£10
	11.00 - 12.30	Liskeard Poets	Black Swan	Free
	11.00 - 13.00	Children's Events	The Guildhall	Free
	11.00 - 12.00	Richard D Handy	Millpool Centre	£5
	13.00 - 14.00	Michael Smith	Millpool Centre	£5
	14.00 - 15.30	Workshop - Brian Banks	Toc H Hall	£10
	14.00 - 15.00	Birte Hoskins	Black Swan	Free
	14.00 - 15.30	Arianna Cadwallader	Guildhall	£5
	15.00 - 16.00	Danielle Marchant	Millpool Centre	£5
	15.00 - 16.00	George Macpherson	Salutation Inn	Free
	16.00 - 17.00	Sue Kittow	Black Swan	Free
	17.00 - 18.30	Self Publishing Panel	Millpool	Free
Sun 19th	19.00 - 20.30	Telltales & Short Stories	Millpool Centre	Free
	11.00 - 12.00	Tony Cottrell	Black Swan	Free
	11.00 - 12.00	Lord David Owen	Millpool Centre	£10
	11.00 - 13.00	Childrens Events	The Guildhall	Free
	12.00 - 13.00	Jenny Alexander - Book Launch	Toc H Hall	Free
	13.00 - 14.00	Dr Susan Blackmore	Millpool Centre	£5
	14.00 - 15.30	Workshop - Jenny Alexander	Toc H Hall	£10
	14.00 - 15.00	Rachel Lambert	Black Swan	£3
	15.00 - 16.00	Adam Hart-Davis	Millpool Centre	£10
15.00 - 16.00	Ann Foweraker	Black Swan	Free	

Tickets are available online @

[www.looeliteraryfestival.co.uk](http://www.looeliteraryfestival.co.uk)

Or cash tickets locally in advance from

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